

SHERYL ODENTZ BIOGRAPHY

For over 25 years, Sheryl Odentz, Founder and President of Progress in Work LLC, has helped attorneys and other high-level professionals within the legal field, as well as from a variety of industries, “*progress in work*”. Sheryl founded Progress in Work (a career management firm) in 2001, and she is an award-winning, well-published, lecturer and career management professional who has helped thousands of attorneys and other professionals at Am Law 100 and Am Law 200 law firms, mid-sized law firms, top-tier boutiques, and major corporations thrive. Many law firms and corporations, as well as individuals, have become long-standing clients and continue to seek out her services year after year.

Progress in Work is the result of Sheryl’s DNA, work experience, and academic training. Her specialized training in work/career psychology and experience in sales/marketing makes her highly qualified to assist her clients in a wide range of career/work related issues from outplacement/career transition counseling & coaching, to business development training & coaching, to executive & leadership coaching, to career counseling & coaching. Sheryl’s highly effective approach is to coach her clients one-on-one to address their unique circumstances. Her education and work experiences have made her aware of the need to truly go deep and immerse herself in a partnership with each of her clients in order to achieve results.

Prior to founding Progress in Work, Sheryl worked for major corporations, including Fortune 500 companies, at which she provided outplacement, executive coaching, marketing, and sales services. At those organizations, Sheryl developed a strong track record of developing new business and enhancing revenue. She held leadership roles at several companies, including the HR management consulting firm, The Empower Group (a subsidiary of Manpower). She was a pioneer in the legal outplacement field and co-created the legal outplacement division of King, Chapman, Broussard & Gallagher, which is a reengineering, executive coaching, and outplacement firm. She worked in the legal recruiting field for Elaine P. Dine, where she learned about the resources available to attorneys seeking employment. She began her career in

account management for SSC&B Lintas Worldwide (one of the advertising agencies of the Interpublic Group, one of the world’s largest advertising conglomerates) and Group W Satellite Communications.

Sheryl received her M.A. and Ed.M. degrees, *with honors*, from Columbia University, where she studied Psychological Counseling with a specialization in Business and Industry. She also has an undergraduate degree in Music (B.Mus.) concentrating in Vocal Performance and Opera from Boston University’s College of Fine Arts.

Sheryl holds the credential of certified career counselor (CCC), designated by the National Career Development Association (NCDA). The certified career counselor credential is a recognition of two important factors in training and experience including both counseling and a specialization in career development theory and practice.

Sheryl is one of only approximately 300 Career Management Fellows (CMFs) *worldwide* bestowed by the preeminent Institute of Career Certification International (ICCI), the only international, non-profit, independent body for the career services industry.

She is also a certified executive coach from iCoachNewYork, which is approved by the International Coaching Federation (ICF).

Sheryl frequently lectures and writes about business development, leadership, and career management topics. Her articles have appeared in several publications including: the *New York Law Journal*, *Law Journal Newsletters*, *Law Practice Today*, *NALP Bulletin*, and *The Lawyers Connect E-Newsletters*. Sheryl served on the Board of Editors of the *Law Firm Partnership & Benefits Report*, which is a publication of ALM (the publisher of *The American Lawyer*). Sheryl is an endorsed career management coach by Women In Law Empowerment Forum (WILEF), a respected organization that educates and provides networking opportunities to women in law firms. For many years, she participated as a career management expert in the Career Counselor Referral Program at the New York City Bar Association.